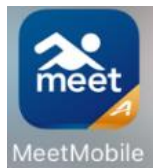




Important Websites

- 1) www.jccswimming.org (TeamUnify website)
 1. Team's main website for year-round swimmers
 2. Critical to read "Parents" tab especially "Meets (Pre and Post)" section
 3. Register for meets, review assigned events
- 2) www.mdswim.org (Maryland Swimming website)
 1. Meet Info for all MD meets if jccswimming.org does not have the info (Age requirements, B/BB/A times)
 2. MD State Championship Qualifying times
 3. Database of Maryland Top 10 swimmers by age group
 4. Recognition/Scholarships/Swim Camps
- 3) www.usaswimming.org (USA Swimming website)
 1. Swim results and National Ranking by Age (via "Times" tab, "Times Search", "Event Rank")
 2. IMX score (via "Times" tab, "IMX and Power Point")
 3. DeckPass info (register using swimmer's USASwimming ID)
- 4) www.swimswam.com (latest national news and tips related to swimming)

Mobile applications



1. **MeetMobile** (live results during the meet, \$5.99 annual fee)
2. **DeckPass** (USA Swimming application that allows swimmers to connect with all of their friends, share times, set goals and see IMX scores)
3. **OnDeck Parent** by TeamUnify (JCC team's mobile application connected to jccswimming.org website that hosts billing, best times, upcoming meets, swim results). Enter team alias "**mdbjcc**".

Equipment

www.swimoutlet.com

www.metroswimshop.com

Local store - CY's of Catonsville (719 Frederick Rd, Catonsville, MD 21228)



Here is the link to Time Standards

Go to page 2 (Short Course Yards, September – March season)

<http://www.usaswimming.org/Rainbow/Documents/247b781e-ec16-406d-bc76-38aea59b0008/2016MotivationalTimes-Top16.pdf>

Team Contacts

Coaches	Administration	Parents
Brendan McElroy 443-253-3615 coachmcelroy@gmail.com	Judy Egerton (meets/registration) jregerton@gmail.com	Anna Rotman (team & meet education, general questions) anna.rotman@gmail.com
*Copy Coach McElroy on all emails to other coaches Trevor Rill trill@jcc.org Megan Risper mrisper@jcc.org Justin Yarbro maceoyarbro@gmail.com	Sue Szembroth (fees/accounting) sszemroth@jcc.org Bill Kirkner – Aquatics Director	Zhanna Maydanich (suggestions/concerns, parent volunteering) jccbarracudas@maydanich.com Dmitry Cherches (Website and Apps questions) dcherches@yahoo.com